



## **The Turf Rules and Regulations**

*To preserve the quality of the turf and provide a clean and safe environment, the following are  
NOT allowed on the synthetic turf field*

- The use of chewing gum
- Smoking & tobacco products
- The consumption of sunflower seeds or shelled nuts
- The consumption of any food or beverage other than water.
- The use or possession of glass containers of any kind
- The use of roller blades, skateboards, or bicycles
- Dogs or other pets
- The use of metal cleats or spikes, or plastic cleats longer than ¼"
- Marking lines on any field surface with paint, tape, or other substance or material
- Use of fields for any unlawful purpose or in any manner that may be contrary of the interests of Maples Crossing or its programs
- Always lift and carry goals and equipment (DO NOT DRAG)
- Please throw out all trash and recycling in the bins provided